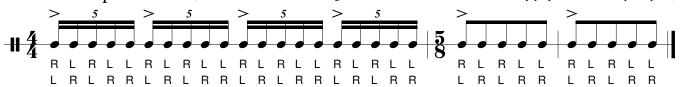
Introducing

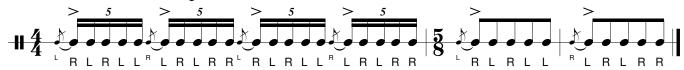
Hybrid Rudiments

Sheet #12

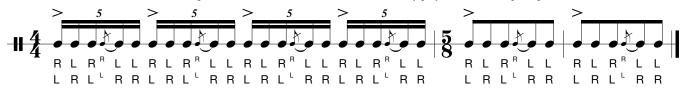
 $"Para-pa-diddle" \ \ (\text{A Paradiddle with an extra single stroke before the double stroke; usually played in 5/8 or as quintuplets)}$



"Flammed Para-pa-diddle" (A Para-pa-diddle with a flam on the first note of each; also called "Flam Parapadiddle")



"Flow Five" (A Para-pa-diddle with a flam on the fourth note; usually played in 5/8 or as quintuplets)



"Cheese Para-pa-diddle" (A Para-pa-diddle with Cheese on the first note of each; played in 5/8 or as quintuplets)



 $"Cheese\ Flow\ Five"\ \hbox{(A Flow Five with Cheese on the first note; can be played in 5/8 or as quintuplets)}$

