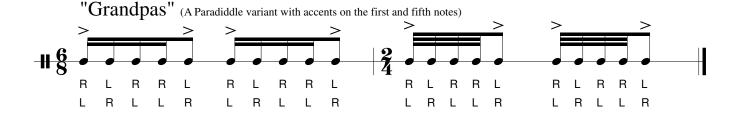
## Introducing

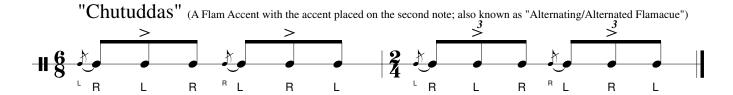
## **Hybrid Rudiments**

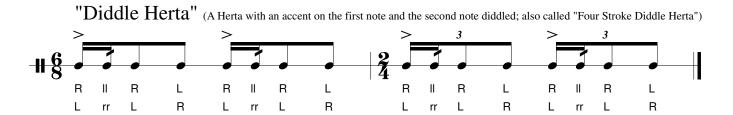
Sheet #2

 $"One\ Handed\ Flam\ Drag"\ \hbox{(Follows the Swiss Army Triplet sticking; also known as "Swiss Flam\ Drag")}$ 









 $"Cheese\ Paradiddle"\ \hbox{$($A$\ Paradiddle$ with Cheese on the first note; also called "Cheeseadiddle" or "Cheese-a-diddle")}$ 



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